



Waiting for COVID-19 Exam Results

If you have just been tested for the 2019 novel coronavirus (COVID-19), it may take a few days for results to return. Your healthcare provider will notify you of the result of your exam.

Things to do while waiting:

- Stay at home. Don't go to school, work, or any other public place.
- If you need to see a health care provider, call them first and tell them that you have been tested for COVID-19 and are waiting for results.
- Stay away from people and pets in your home as much as possible.
- Wear a mask if you cannot avoid close contact with other people and pets.
- Wash your hands frequently for at least 20 seconds, especially after you cough or sneeze. Use an alcohol-based hand sanitizer if soap and water are not available.
- Cover your cough and sneeze with your sleeve or tissue, then throw the tissue in the trash.
- Avoid touching your eyes, nose, and mouth.
- Routinely clean and disinfect frequently touched surfaces and objects.

If the test results are negative, and

- was being monitored *, due to a trip or contact with a person with COVID-19, then continued monitoring and any movement restrictions for the remainder of the 14-day period.

- was not being monitored * due to a trip or being identified as a contact with a COVID-19 case:

you must continue taking preventive measures such as hand washing and social distancing. If you are sick with a disease other than COVID-19, you should stay home until the fever and other symptoms stop.

If the test results are positive,

- Your healthcare provider will talk to you about your care and treatment of any symptoms.
- Your healthcare provider will follow you up and tell you when you can resume regular activities. The health department may also contact you to ask about your close contacts.

* Monitoring is for people who have no symptoms and who have traveled to affected areas. It means checking your temperature every day, looking at symptoms, and for some people, staying home.

**For updated information and resources, visit our website at
www.amoskeaghealth.org or call 2-1-1.**