# 2023 Annual Impact Report

AMOSKEAG HEALTH





# A Message From the CEO



As we reflect on this year, I'm proud of the progress we've made together in advancing our mission of providing exceptional care to all.

We launched our new EMR system, athenaOne, making workflows simpler for staff and access easier for patients. Alongside this, our team introduced a new patient portal, offering a streamlined way for patients to connect with their care. And for the first time, our patient portal is offered in Spanish and English.

This year also marked significant strides in equity. We established New Hampshire's first school-based health center, helping students access care without missing valuable classroom time. Amoskeag Health also earned six Community Health Quality Recognition badges, highlighting our commitment to improving access and quality for the underserved.

Thank you for your unwavering dedication to our patients and our community. Together, we're making a profound impact.

With appreciation, Kris McCracken President & CEO, Amoskeag Health





### **Board of Directors**





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> **DAVID HILDENBRAND** COO, Catholic Charities NH



THOMAS LAVOIE Insurance Broker, Optisure Risk Partners

VANESSA MARADIAGA Provider Relations Advocate, Optum Behavioral Health

**DAWN MCKINNEY** Policy Director, New Hampshire Legal Assistance

**RUSTY MOSCA** Managing Director, Nathan Wechsler & Company

> SONIA STAGEN Retired

GAIL TUDOR, Ph.D. Associate Dean of Health Professions, SNHU































# Impact Story

Sarah (name changed for anonymity) was 20 and had just immigrated to the U.S. from Peru, ready to start a new life with her partner and their unborn baby. But her dream shattered when her partner's words turned to violence. One February day, he brutally attacked her and left her alone in the cold. Bruised and desperate to protect her baby, Sarah remembered she had one thing: a phone number. She called Amoskeag Health.

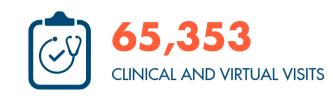
Our case manager arranged emergency medical care, transportation, and counseling on domestic violence. Sarah was connected to the YWCA for additional support and began trauma counseling with one of our Behavioral Health Clinicians.

Through our partnership with Waypoint, we secured Sarah a spot in their Transitional-Living Parenting program, where she gained stable housing and parenting skills.

Today, Sarah is rebuilding her life in safety, with ongoing case management and resources for her and her baby. Her case manager said, "Amoskeag Health and our community partners empowered Sarah to escape her situation and create a safe, independent future."



### FY23 Impact Summary















**4,367** PATIENTS WITHOUT INSURANCE TREATED



135

PATIENTS RECEIVED MEDICATION ASSISTED TREATMENT



CHILDREN GIVEN HEALTH ASSESSMENTS IN SCHOOL



985

INDIVIDUALS EXPERIENCING HOMELESSNESS GIVEN MEDICAL ATTENTION



**554** 

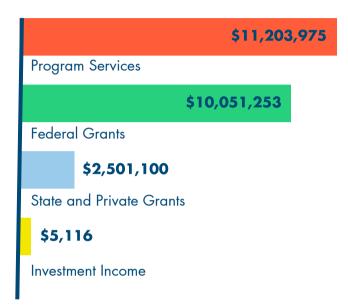
264

CHILDREN EXPERIENCING TRAUMA CONNECTED WITH RESOURCES



### FY23 Impact Summary

Total Revenue: \$23,761,444





Patients by Age

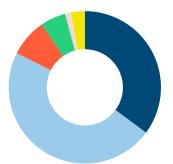
Infant - 5th Grade: 21%
Youth 6th - 12th grade: 14%
19-49 years: 42%
50 years and older: 23%



#### **Insurance Coverage**

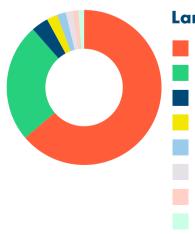
Medicaid: 45%
Uninsured: 27%
Medicare: 7%
Private Insurance\*: 21%

\*(Includes Medicaid Expansion products)



#### Ethnicity

- White: 7,809
- Hispanic: 5,803
- Black: 1,317
- Asian/PI: 894
- Did Not Specify: 383 American Indian/
- Alaskan Native: 11 Other: 10



#### Languages

English: 13,193 Spanish: 5,130 Portuguese: 735 Arabic: 467 Nepali: 378 Swahili: 301 French: 255 Vietnamese: 241





# Impact Story

Jen's journey shows the life-changing support she found at Amoskeag Health:

"After years of struggling with addiction and setbacks, I finally joined Amoskeag Health's Medication-Assisted Treatment program. That decision changed my life. Amoskeag Health has provided a safe place to receive all my care. I see my primary care provider for routine checkups, attend MAT to take care of my behavioral health, and work with my counselor to manage my mental health.

When I became pregnant, I received prenatal care, and now my one-year-old son has a family medicine doctor. I can't stress enough how important the compassion, commitment, and communication from everyone have been during my recovery. Amoskeag Health isn't just a doctor's office; it's a community of meaningful relationships that grew over time."

Jen's story is an excellent example of how comprehensive care and a supportive community can help patients reclaim their lives and build a brighter future.



### Medication Assisted Treatment

Our Medication Assisted Treatment (MAT) program helps people recovering from opioid or alcohol use disorders. We combine medication with counseling and other supports to give patients the best chance at long-term recovery.

Our team includes medical providers, nurses, and counselors who work together to create a care plan that fits each person's needs. We offer medications like Suboxone and Vivitrol to ease withdrawal symptoms and cravings, along with regular check-ins to make sure the treatment is working.

Patients can also meet with our licensed alcohol and drug counselor for one-onone, trauma-informed therapy. Our case manager helps with practical needs like housing, benefits, and finding a job, as well as teaching recovery skills and how to prevent relapse. If needed, our medical team provides specialized care and treatment.

If you or someone you know needs help, call us at 603-935-5263. We're here to support your recovery every step of the way.







### Amoskeag Health Locations

145 Hollis Street, Manchester, NH
1245 Elm Street, Manchester, NH
184 Tarrytown Road, Manchester, NH
88 McGregor Street, Manchester, NH
ProHealth, 1555 Elm Street, Manchester, NH

For more information: (603) 626-9500 www.amoskeaghealth.org